

# Midvale Hub Parenting Service Perth (North East)



## 1-2-3 Magic and Emotion Coaching

A parenting program for parents of children aged 3 - 10 years



This 3 session program is designed for parents with children aged 3 to 10 years. The program explores ways parents can increase their children's ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations

<b>Where:</b>	Via Zoom; an online video conference platform accessible in your own home. <b><i>Must have access to WIFI and a device with a camera</i></b>
<b>When:</b>	Wednesday evenings; 17, 24 June & 01 July, 2020 <i>* Participants must be able to attend all 3 sessions</i>
<b>Time:</b>	6.30pm to 8.30pm
<b>Cost:</b>	<b>FREE</b>

**Registration is essential. For more information, & to register, please contact:**

**Name:** Midvale Hub Parenting Service Perth North East

**Telephone:** (08) 9290 6827 / Leah 0437 706 322

**Email:** [parentingservice@mundaring.wa.gov.au](mailto:parentingservice@mundaring.wa.gov.au)



Supported by



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Shire of Mundaring Children's Services