

Living Well

Wellbeing for Life



Swan Christian College
WISDOM IS OF GOD



Living Well Structures

The socio-emotional and spiritual wellbeing of students is seen as a high priority in the College. The Mentor Group and Mentor Teacher are important elements of stability and support for students. The relationship with the Mentor Teacher is central to this care.

Year 7 is a transitional year, with core staff members specifically chosen for this group along with a specialist Dean of Year 7. The model shifts in Year 8, with the Mentor Teachers and a new Dean of Year who will follow the students all the way through to College graduation.

The Living Well team consists of:

- Heads of School
- Head of Christian Culture
- Deputy Head of Middle School
- Deans of Year
- Mentor Group Teachers
- Educational Support Coordinator
- Chaplains
- Psychologists
- Story and Challenge Coordinator
- Classroom teachers

Living Well Themes

As a College, we are determined to enhance the wellbeing of individuals and collective groups within our community.

Understanding our place in creation cannot be achieved without acknowledging we are beings created in God's image. The most essential question a person can seek to answer is therefore not 'who am I?' or 'what am I?', but 'whose am I?'. The Bible affirms each of the following elements in our understanding of humanity, which together form the basis of all Living Well programs at Swan Christian College.

Each specific year group has a particular focus to develop students holistically beyond the traditional core curriculum and to help provide structure and focus for our Living Well programs. In Middle and Senior School, we strive to be Christ-like as we work to develop character which unites culture and community.

Specific to each year group are both themes and goals, achieved by specific strategically-placed experiences throughout the journey.

Year 7	Awe and Wonder
Year 8	Growth
Year 9	Story and Challenge
Year 10	Vision
Year 11	Leadership and Community
Year 12	Gratitude and Legacy

Our Identity

Who We Are

We are a Christ-centred and student-centred school with a focus on excellence. We aim to be a community of personal growth where all members seek excellence and know God.

Why We Exist

Our purpose is to develop and shape our students through continual evidence of faith and practice.

Our Values

Spirituality, Integrity, Respect, Excellence

Our Intention for the Future

To provide educational leadership and be a school of first choice for students, parents and educators.

Our Responsibilities

We seek to engage and grow the talents of all in our College, care for our resources and build our community for today and for all future generations.



**AWE AND
WONDER**



Year 7

As students transition from a range of Junior Schools to our Middle School, we are excited to help create an understanding of **endless opportunities** and **possibilities** at the College. Students will enjoy the excitement of making new friends and **relationships** and embrace the College **culture**.

Furthermore, as students engage in the culture of the College, they will be awed seeing the **wonder** of the wide world around them.

In order to succeed in delivering and achieving the desired outcomes, the following are some of the opportunities provided over the course of the year:

- Awe and Wonder Camp
- Community Service
- Culture and community building
- Peer support training
- Living Well workshops
- Induction Day



GROWTH

Year 8

Over the year we not only grow physically, we also grow in spirituality, knowledge, effort, commitment, teamwork, culture and relationships. Our Living Well program will provide students the opportunity to champion **online safety** across the College, whilst also providing students with a context to grow in **teamwork, leadership and relationships**.

As students grow, we emphasise the concept of individuals living in **community**. We invite students to not only learn our culture but invest in and **contribute** to it. Greater than self is our ability to use our gifts for the benefit of others.

In order to succeed in delivering and achieving the desired outcomes, the following are some of the opportunities provided over the course of the year:

- Team and Challenge Day
- Online Safety training
- Community Service
- Living Well workshops
- Leadership Training



STORY AND CHALLENGE





Year 9

Story and Challenge is a contemporary **rite of passage** program lead by a dedicated Story and Challenge Coordinator. Using **boy to man** and **girl to woman psychology**, the course invites students into a **modern day coming of age**.

Based on a **distinctly Christian foundation**, we transpose our thinking from 'who am I', to 'whose am I', as we unpack adulthood. Physical, emotional, social, mental and spiritual elements are a continual focus as we use personal, biblical and inspirational stories to grow.

In order to succeed in delivering and achieving the desired outcomes, the following are some of the opportunities provided over the course of the year:

- Story and Challenge Program
- Story and Challenge Camp
- Etiquette training
- Sons and Daughters Dinner
- Community Service Day
- Living Well workshops
- Halogen Leadership – *on application only*

VISION



Year 10

Strong wellbeing, understanding of self and finding our place in community are important aspects when looking to the future. **Rights** and **responsibilities** are constant within the learning environment as we aim to develop **resilient leaders** of the **future**.

In order to succeed in delivering and achieving the desired outcomes, the following are some of the opportunities provided over the course of the year:

- Alumni lunch
- Peer Support Leadership training
- Culture and teamwork building
- Keys for Life
- Living Well workshops
- Community Service Day
- Halogen Leadership – *on application only*





**LEADERSHIP AND
COMMUNITY**



Year 11

The **wellbeing** of the individual is a continual focus, whilst, guiding our students to **grow** and positively **lead** our College **community**. Both formal and informal leadership opportunities are developed through service and guidance. The language of the **Swan Way** is developed and the Year 11s link the notion of community throughout our College.

As students transition to Year 12, the final year camp is constructed. Student voice is a major driving factor of the camp with the focus on community.

In order to succeed in delivering and achieving the desired outcomes, the following are some of the opportunities provided over the course of the year:

- Culture and teamwork building (continued)
- City Camp
- Independent community service
- Living Well workshops
- Formal leadership training and applications
- Leadership Handover Assembly
- Halogen Leadership – *on application only*

GRATITUDE AND LEGACY



Year 12

In the final year of schooling, Year 12 embraces the themes of **Gratitude and Legacy**. Individually and as a community our wellbeing requires constant care - as the excitement and nerves of leaving school become real, we speak into and further provide strategies for **individual wellbeing**.

As we focus on living well, the year provides students the platform to firstly show gratitude to those around them and secondly, leave a lasting legacy to the **culture** of the College. Furthermore, a key focus is preparing our students for life beyond the College.

In order to succeed in delivering and achieving the desired outcomes, the following are some of the opportunities provided over the course of the year:

- College Charity Ball
- Formal gratitude lunch
- Leadership Handover
- Living Well workshops
- Formal leadership training
- Independent community service
- Preparing for life after school
- Future Ready Learning
- Halogen Leadership – *on application only*





Community Focus

A community focus is pivotal to our Living Well program across the College. The interaction of keynote speakers delivering a message for the key partners of the College is crucial to success.

In the past we have seen the likes of Dr. Arne Rubinstein, Melinda Tankard Reist, and Paul Dillon lead discussions in the Maali Mia Auditorium, educating the parent body on areas challenging our youth in the current day.

The College aims to provide parent sessions across the year where quality guest speakers contribute to our community as we strive for lifelong learning.

For our parent community we offer a platform called 'School TV' which is accessible through our Living Well section on our website.



Alumni

As a College of over 30 years, we are establishing an Alumni community of graduates to help students re-engage with Swan and reconnect with old friends and classmates.

Through the Alumni community we create opportunities to hear from past students and update them about what is happening around the College and send invitations to reunions and College events.

To connect with the College we encourage graduates to join the Swan Christian College Alumni Facebook page.



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