

# Swan Cafe

Term 1 Week 1/4/7

## RECESS/LUNCH


ASSORTED TOASTIES	\$4.50
WARM BREAKFAST ITEM	\$5.50
SELECTION OF COLD WRAPS AND ROLLS	FROM \$7.00
ASSORTED SANDWICHES	FROM \$5.50
HOMEMADE SUSHI (SUBJECT TO AVAILABILITY)	\$7.00
FRUIT BOWL	\$5.00
SWEETS/DESSERT	PRICES VARY

SALAD BOWL \$7.00


FRESH FRUIT \$1.50 PER PIECE

# LUNCH \$7.00


## MONDAY

- Mexican beef mince nachos with sour cream & salsa (GF)
- Vegetarian frittata served with salad (v) (GF) 
- Classic chicken burger with cheese & salad


## TUESDAY

- Baked garlic soy chicken wings served with fried rice (GF)
- Vegetarian fried rice & spring rolls 
- Classic beef burger with cheese & salad


## WEDNESDAY

- Chef's choice of station (GF)
- Pasta tossed in a rich tomato cream pink sauce & garlic bread 
- SCC club sandwich - bacon, lettuce, tomato, grilled chicken, cheese & BBQ sauce

## THURSDAY

- Stir-fry combination noodles
- Eggplant involtini (GF) 
- Classic chicken burger with cheese & salad

## FRIDAY

- Chicken katsu served with sushi rice, Japanese coleslaw & tonkatsu sauce
- Vegetarian curry puffs 
- Beef burger with bacon & cheese, BBQ sauce

 **VEGETARIAN OPTION**



# Swan Cafe

Term 1 Week 2/5/8

## RECESS/LUNCH


ASSORTED TOASTIES	\$4.50
WARM BREAKFAST ITEM	\$5.50
SELECTION OF COLD WRAPS AND ROLLS	FROM \$7.00
ASSORTED SANDWICHES	FROM \$5.50
HOMEMADE SUSHI (SUBJECT TO AVAILABILITY)	\$7.00
FRUIT BOWL	\$5.00
SWEETS/DESSERT	PRICES VARY

SALAD BOWL \$7.00


FRESH FRUIT \$1.50 PER PIECE

# LUNCH \$7.00


## MONDAY

- Chicken parmigiana served with chips
- Plant based lentil 'meatballs' served with salad (GF) 
- Classic quarter pounder beef burger with cheese & salad

## TUESDAY

- Ground beef burrito with chipotle sauce
- Vietnamese fried salt & pepper tofu with chilli garlic & steamed rice (GF) 
- Classic beef burger with cheese & salad


## WEDNESDAY

- Chef's choice of station (GF)
- Pasta tossed in rich tomato cream pink sauce 
- SCC club sandwich - bacon, lettuce, tomato, grilled chicken, cheese & BBQ sauce

## THURSDAY

- Chicken mee goreng noodles
- Pumpkin & ricotta crepe with fresh basil 
- Classic quarter pounder beef burger with cheese & salad

## FRIDAY

- Roast char siu pork with fried rice
- Thai garlic-ginger-lime stir fried rice noodles (GF) 
- Classic chicken burger with cheese & salad



# Swan Cafe

Term 1 Week 3/6/9

## RECESS/LUNCH

ASSORTED TOASTIES	\$4.50
WARM BREAKFAST ITEM	\$5.50
SELECTION OF COLD WRAPS AND ROLLS	FROM \$7.00
ASSORTED SANDWICHES	FROM \$5.50
HOMEMADE SUSHI (SUBJECT TO AVAILABILITY)	\$7.00
FRUIT BOWL	\$5.00
SWEETS/DESSERT	PRICES VARY

SALAD BOWL \$7.00


FRESH FRUIT \$1.50 PER PIECE

# LUNCH \$7.00


## MONDAY

- Assorted homemade pizza
- Tempura vegetable fritter with Japanese salad (GF) 
- Classic quarter pounder beef burger with cheese & salad


## TUESDAY

- Burger Day - selection of your favourite burgers
- Zucchini, feta & dill fritters 
- Salad of the day


## WEDNESDAY

- Chef's choice of station (GF)
- Pasta tossed in a rich tomato cream pink sauce 
- SCC club sandwich - bacon, lettuce, tomato, grilled chicken, cheese & BBQ sauce

## THURSDAY

- Fiesta chicken - Mexican chicken & rice (GF)
- Baked black bean sweet potato flautas (rolled tortilla) 
- Classic quarter pounder beef burger with cheese & salad

## FRIDAY

- Beef tortellini & meatballs
- Sweetcorn & ricotta croquettes, relish, sour cream & salad 
- Classic chicken burger with cheese & salad

 VEGETARIAN OPTION